

NEWSLETTER

24 November 2023

It's Exam
Time!



Upcoming Events in November

- School closing times:
 - Grade R 12h45
 - Grade 1&2 13h15
 - Grade 3 to 7 13h30 during assessments (except Grade 3 on Friday 13h00)
- Primary School Athletics Certificate Assembly 1 December



It is assessment time for our learners which is always a stressful period for many. It is important to remember that writing tests and examinations is a skill itself and that we are dealing with children learning this skill. We just want them to do their best without added or unrealistic pressure. We wish them all well with the remaining papers.

SWEET POISON AT SCHOOL...

up to 16 teaspoons of SUGAR per Can



We have started to see energy drinks appearing at school to be consumed at break or before examinations. It is very important to note that these drinks can be harmful, especially to children.

"In South Africa, the law stipulates that energy drink products containing more than 150mg of caffeine per litre must be clearly labelled as "high caffeine content", but there is no law limiting the amount of caffeine manufacturers are allowed to put in their drinks. While caffeine poses one threat, sugar poses another.

"The high energy is really just referring to a lot of high sugar in the product, so at the end of the day they're not going to say it's a high sugar drink... high energy sounds a whole lot better."

Side effects of too much caffeine include irritability, anxiety, increased heart rate, high blood pressure, heart palpitations, insomnia, dehydration and restlessness."

I am sure that you will agree that none of the above side effects are advantageous for anyone writing an assessment. We will not be allowing these drinks to be consumed at school at any time.



Camps Bay
City Improvement District
www.campsbaycid/vote-now

HOW THE PROPOSED CAMPS BAY CID WILL BENEFIT OUR SCHOOL

As many of you will be aware, voting is currently underway to establish a 'City Improvement District' (CID) for Camps Bay. If established, the CID will deliver enhanced security solutions across Camps Bay – including monitored cameras, tactical response vehicles and foot patrols, in addition to other services. If established, this will be funded via a compulsory levy on the municipal bills of all property owners in Camps Bay. The school itself will be exempted from the CID levy.

We believe the CID will result in many benefits for the school, including monitored cameras on the streets adjacent to and surrounding the school, security assistance while learners are walking between campuses, upgrading of parks and play areas including the Little Glen, and quicker response times in the event of emergencies.

The CID will also provide the foundation for learners, and the school, to participate more widely in Camps Bay community initiatives, and help reinforce the role of the school as a focal point of our community.

Voting is only open to Camps Bay property owners, and we encourage all parents who own property in Camps Bay to vote in favour of the proposed CID. You can learn more about the CID on <https://campsbaycid.org/>.

You can vote online here: <https://campsbaycid.org/vote-now/>

Chris Storey,
Principal, CBPS



NEW TUCKSHOP VENDOR OPPORTUNITY

We are looking for a new tuckshop operator for the Primary School Campus. Please can you make contact with Chris Storey if you are interested in making millions for CBPS, and yourself.





SECOND HAND 1 DECEMBER

TEXTBOOK SALE

We are repeating **the second hand textbook sale** at the Primary Campus. Do it for the planet and your pocket! Support this school initiative.

HOW THIS WORKS

After the assessments each teacher will be asked to **take in books on the attached list**. We are aware that some people hand books down to siblings. **So, this is a voluntary step.**

For each book handed in the child will **receive a coupon**.

Coupons are **redeemable at the book sale for discounts on books**.

Please note that coupons cannot be exchanged for cash.

HELPING HANDS, RECYCLING & RAISING MUCH NEEDED FUNDS

We gift books to learners who are in need of support!

GRADE 7s: PLEASE donate your grade 7 books as a school-leaving gift.

The class that hands in the most books will get a pizza party!

HOW TO BUY SECOND HAND BOOKS – ONE DAY ONLY!!!

FRIDAY 1 DECEMBER IN THE HALL: Morning from 7:30 to 8:30 and from 13:30 – 15:00 in the afternoon. Books can be purchased using either cash, card or via SnapScan.

VOLUNTEERS NEEDED

Please message Karen (072 719 6136)

Wednesday 29 November 8:00 to 10:00 to SORT + COLLECT books (two people)

Thursday 30 November 7:30 – 8:30 – SET UP the book sale (2-3 people)

Sales Team: Friday 1 Dec MORNING and AFTERNOON SLOTS (5-6 people per team)

We thank you for your support! Warmest wishes for a successful 4th term

The PTA team.

PTA UPDATE

We are clearing out stock leftover from our tuckshops on Monday next week after school.

Ice bites will be available for R8 at the prep campus. Popcorn and chips (R12) and a few ice lollies (R5) will be available at the primary campus from 1.30. If there is anything left, it will be sold on Friday after school.

FROM THE SPORTS OFFICE

We have been able to put dates down for the various sports tours and festivals for 2024.

Please take the time to have a look at the dates especially regarding the 1st term via the link:

<https://sites.google.com/campsbayprimary.co.za/parentportal/extra-curricular-activities/2024-tours-and-sport-festivals>

This will help us ensure that we are able to put our best teams out for the various events.

Please note that the Extra-Mural programme will be made available next week so that you can choose which activities you would like to sign your child(ren) up for.

The Inter-Schools Athletic team as well as the Swimming Squad for 2024 will also be made available.

Whilst the athletic team is confirmed, the swimming squad is

still open for learners to join through time trials which will take place in the 1st term.

This is to accommodate new learners who have joined the school.



We would also like to extend our sincere appreciation to all the parents and supporters of Camps Bay Primary for their assistance in transport and for making sport possible at our school. We look forward to a successful 2024.



MySchool

The MySchool cards have raised **R6 988.82** this month for Camps Bay Primary. Thank you so much for choosing to support our school with your card purchases.

We really appreciate your support.

Well done, keep swiping!