







#### **MySchool**

The MySchool cards have raised **R5 725.22** this month for Camps Bay Primary.

Thank you so much for choosing to support our school with your card purchases. We really appreciate your support.

Well done, keep swiping!



#### CONGRATULATIONS Adam and Ben!



Over the weekend Muizenberg held the Cape Town Surf Pro, a national surfing competition.

Adam Faclier took 2nd place and Ben Esterhuyse came 4th in the U14 division. Incredible to have two of our Grade 7s in the top 4 places.

Well done Adam and Ben- Proudly CBPS!

#### **PTA NEWS**

We are very excited about our inaugural market on Saturday 27 May. Please save the date to come down to the prep fields and browse the array of stallholders, grab a bite to eat or a coffee, and stock up on fresh produce. The market is open to the public. Please email Kim at <a href="mailto:ptahead@campsbayprimary.co.za">ptahead@campsbayprimary.co.za</a> if you would like to apply for a table at this new community event.

The PTA is collecting <u>any</u> unwanted books you are keen to clear out. Pre-loved books can be placed in the boxes at Michelle Fernandes or Rene De Wet's offices at both the prep or primary campuses.

Last reminder to return your SWIMATHON forms and sponsorship money urgently please. We are eager to hand over prizes to the winners and there are some hotly contested categories!

#### FROM THE SPORTS OFFICE

We had our first winter sport fixture against Bergvliet on the Netball Court this week. Whilst the joy of victory is evident, it comes with spending time and effort in being willing to work on areas where we may not be the strongest. I would like to encourage every learner in every extramural discipline to keep fine tuning their skills and to keep focusing on what we can get right and improve.

A reminder of our dress code for matches:

Chess: School uniform

Cross Country: CBPS shirt, green shorts, short white socks and sports shoes Netball: Green CBPS shirt, green skorts, short white socks and sports shoes

Rugby: Green CBPS shirt, green short and gum guard (compulsory)

Soccer: Green CBPS shirt, green short, red socks and boots

Swimming: CBPS swimming cap (no external caps to be worn), black/green CBPS

costume or jammer

There are a limited number of red socks available at the school at a cost of R80.

When it comes to the cancellation of matches or practices please note the following:

- Should the weather be inclement, matches will only be cancelled at 12 noon and not before that. If we are playing an away fixture, it is the host school to make the weather call.
- Should the weather be unfavourable at a practice, there will be a theory lesson for 30 minutes on the day of the practice.
- If there is no match on a match day, practice will continue as normal.
- Learners are to excuse themselves from a practice session if they cannot attend as this does determine our team selection process.

Please refer to the Sports Calendar for some important events coming up over the next 2 weeks.

If you are unsure of any details regarding the sports programme, please email <a href="mailto:sport@campsbayprimary.co.za">sport@campsbayprimary.co.za</a>.



## NETBALL RESULTS CAMPS BAY VS BERGVLIET Well done! Proudly CBPS!

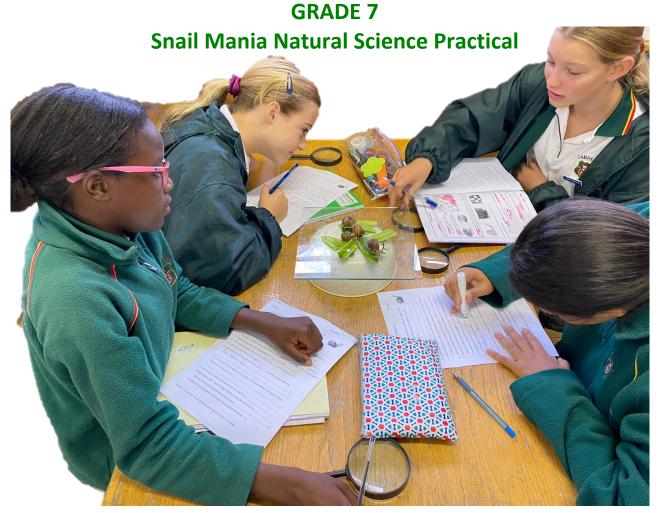
U9	WON 12-0		
U10A	WON 3-0	U10B	WON 1-0
U11A	WON 5-2	U11B	DREW 1-1
U12A	WON 7-3	U12B	DREW 6-6
U13A	LOST 7-8	U13B	WON 7-2











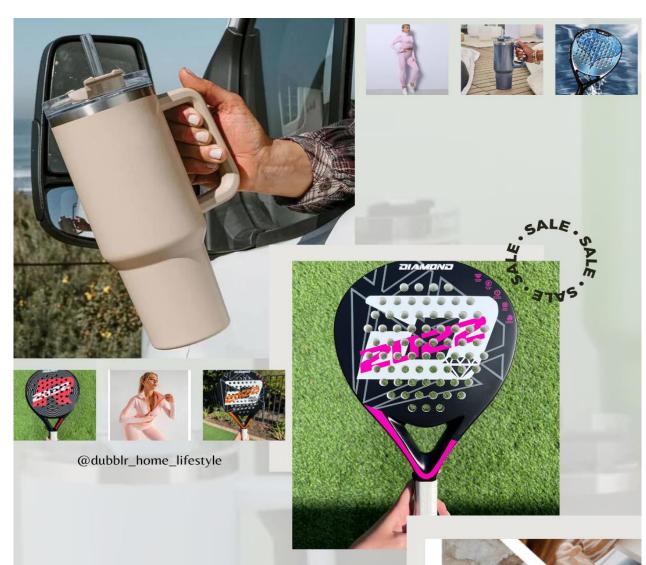
As part of the CAPS curriculum for Natural Science, Grade Sevens study various types of invertebrates, of which the snail is one. The kids were super-excited to "find" and bring a snail to school for this practical activity. They spent a session in the Science Lab observing the little creature and recording what they found out through observation. This is a key skill needed for science. Much fun and delight was experienced by all.











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# RAWSON JOIN THE YELLOW WAYEL



MONTHLY BEACH CLEAN UPS!



In support of Save a Fishie

SUNDAY 16 APRIL | 4PM

Three Anchors Bay Beach

SUNDAY 14 MAY | 4PM Rocklands Beach

FRIDAY 16 JUNE | 4PM Milton Beach

TUESDAY 18 JULY | 4PM Sunset Beach

SUNDAY 27 AUGUST | 4PM Queens Beach

SUNDAY 24 SEPTEMBER | 4PM Clifton 2

SUNDAY 29 OCTOBER | 4PM Clifton 3

SUNDAY 26 NOVEMBER | 4PM Clifton 4

SATURDAY 16 DECEMBER | 4PM Camps Bay Beach

> BEACH CLEANUP DATES



#### EQUIPPING TWEEN GIRLS WITH SOCIAL AND EMOTIONAL TOOLS FOR LIFE!







A fun, creative and interactive 8-week course for girls in Grades 5 to 7, designed to equip them with managing the changes and challenges of young womanhood and to empower them throughout their lives.

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1 X 2-HOUR SESSION PER WEEK FOR 8 WEEKS

STARTS: TUESDAY MAY 2, 2023

Time: 4pm-6pm | Venue: TBC on booking

Cost: R2 850.00 (payment plan available)

#### FOR MORE INFORMATION:

Andrea Powell: WhatsApp 072 418 7885 Email: andrea.p@kidswhocancommunity.co.za

www.kidswhocancommunity.co.za

## Visionboarding Workshop

Come join me for a creative and inspiring morning to discover how the power of visualization can help create the life of your dreams.

You'll learn the exact science behind visualization and make your own vision board to take home

When; Sunday May 7th 2023 9am - 3pm Where: Hatfjeld Street, Gardens

Hi, my name is Di (mom to Saskia Hill, Grade 4 and 2 older children who were both at Camps Bay). I am a Transformational Coach, Best selling Author, Energy Healer and Vision Boarding Expert.

In this beautiful creative workshop, I will share with you the power of visualization and how you can use it to create the life of your dreams. I credit visualization for all I create in life - happiness, ease, money, travel, my book - "Authentic, Aligned and Abundant", my coaching business, health and I want this for you too.

You'll learn the science behind visualization, why it's not all woowoo, that it is possible to manifest anything you desire, how vision boards work and make your own to take home and keep.

Cost: R650 (including workbooks, all raw materials, light refreshments)

Max number: 8 people

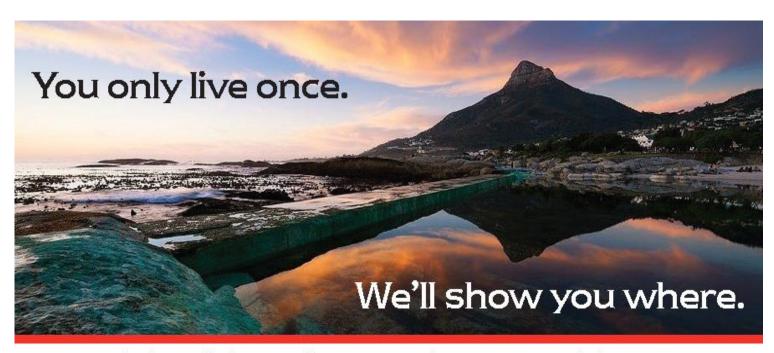
Please whatsapp me on 072 341 8261 or email me at dihill@dihillcoaching.com to secure your spot.

#### **KARATE FOR SCHOLARS:**

Give your child an advantage, counter bullying, create confidence, self-esteem and coordination, BUT in the process have FUN! Daily Karate classes 5 days a week in Green Point. Boys and Girls from 4 years on. Ph Shihan Bas van Stenis 083 538 5643. E-mail bas@kyokushincapetown.co.za Face Book KYOKUSHIN KARATE GREEN POINT CAPE TOWN cost R1290.00 per school term.

We prefer teaching children at our club, as the environment is more conducive to install the necessary discipline essential in learning martial arts.





Whether you're buying, selling, renting or letting, contact Nathalie Weston nathalie.weston@engelvoelkers.com/+2776 030 2376

Camps Bay -Tel. +27(0)21 438 8722 - Camps Bay @engelvoetlers.com







Love to dance but hate the pressure of exams or competitions?? Wishing to get back to ballet after a few years break ??

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Lisl Gruneberg 073 887 7551 <u>lislgruneberg@gmail.com</u>

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